

COMPANY NAME
Medical Marijuana
Patient Responsibilities

COMPANY NAME wants all patients to be safe by following all regulations and laws set forth by the MASS CANNABIS COMMISSION. All limitations and regulations are available on the Mass Cannabis Commission website.

For questions and concerns regarding the Medical Marijuana Program:

Telephone:

Fax

E-mail: **STATE COMMISSIONER EMAIL**

Address:

Mass Cannabis Commission
Union Station 2 Washington Sq
Worcester, MA 01604

Medical marijuana cannot be used in the following circumstances:

- In a motor bus, a school bus or any other moving vehicle.
- In the workplace.
- On any school grounds or on any public or private school, dormitory, college or university property
- In any public place.
- In the presence of a person under the age of 18 years of age.
- In any other way that endangers the health or well being of a person other than the qualifying patient or primary caregiver

Medical marijuana may not be possessed by any individual that does not have a Mass Medical Marijuana certificate

1. Only patients or caregivers with a valid Mass Medical Marijuana certificate may buy or possess marijuana dispensed by **XXX**
2. patients or caregivers may only possess marijuana that is intended for prescribed patient with valid diagnosis

3. The maximum amount of marijuana a patient may possess at any one time may not be greater than a patient's total monthly allotment.

Getting to know **Medical Marijuana**

So what is the safest way to smoke pot?

To date, research on marijuana has yielded no firm conclusions about the individual health risks of smoking marijuana. According to this lack of consensus, smoked marijuana may cause or cure cancer, or may do nothing at all. But by burning marijuana, smokers not only lose much of the potency but risk their pulmonary health; the super-hot mixture also deposits tar and destroys cilia responsible for sweeping away the intercellular trash.

Many smokers further risk their health by holding their breath after inhaling from a pipe or bong, heeding an old wife's tale concerning the absorption rate of THC. Yet, in fact, 85 percent of the drug's THC is absorbed by the lungs during the first few seconds of inhaling the toxic cloud, with temperatures reaching as high as 2,000 F.

Everything considered, the healthiest way to smoke marijuana is to not smoke at all. Despite much potential for marijuana as a medicine and safe recreational drug, smoking any herbal blend presents a dangerous long-term health risk to the user, including a possibly increased susceptibility to some cancers. Instead, the magic bullet lies with the vaporizer, a handheld device gaining popularity in the United States and around the world.

Rather than burning marijuana to produce smoke, a vaporizer heats the herb to an optimal temperature of approximately 338 F., just above the threshold at which vapors are produced, smelling lightly of smoke and, curiously, like popcorn. As for the science, Donald I. Abrams, a professor of clinical medicine at the University of California, San Francisco, reported in 2007 in the Journal of the American Academy of Neurology "there was

virtually no exposure to harmful combustion products” using the vaporizing device.

XXX offers patients several alternative delivery systems for medical cannabis:

Extraction: the action of taking out something.

With advances in cannabis technology, the growers in Mass have developed several products that can be offered as alternative formulations to smoking or vaporizing flowers. With extraction, medicine is removed from the plant and placed into different delivery vehicles.

OIL VAPORIZERS

Oil vaporization occurs when a small voltage battery heats up a cartridge that contains extracted cannabis oil. Oil cartridges are often pre-filled with product and deliver a small dose when inhaled. E-cigs (short for e-cigarettes) are oils that are sold in a small volume container which can be poured into any e-cig device. Batteries are available from 2V up to 150V, or higher. Some batteries have one voltage and some batteries (MOD batteries) have variable voltages. Speak with the Dispensary regarding voltage recommendations.

WAX or CONCENTRATES or SHATTERS

All these terms essentially mean the same things. The medicine is extracted from the cannabis plant by a process called super-critical carbon dioxide and concentrated down into a thick, often gooey substance. The benefit to these products is the ability to deliver a high dose of cannabis without subjecting the lungs to a lot of smoke. Concentrates or waxes are often used with a wax vaporizer (different from oil) or a “rig”. These products are not for novice cannabis users.

TINCTURES

Tinctures are extractions that are done with alcohol or an oil. They usually come in amber bottles with droppers. Tinctures offer the benefit of exact dosing. Some tinctures are available in spray bottles which allow patients to use 1 or 2 sprays in the mouth to achieve quick relief. Patients are able to calculate small or large doses (with a little help from XXX staff), and deliver their dose without ever having to inhale. If any patients can not tolerate alcohol, for any reason, please notify your Dispensary immediately.

EDIBLES

Edibles deliver a longer acting dose of medication. Inhalation of either smoke or oils produces a quick onset and they last a fairly short time. Edibles take a longer time to take effect (about 30 to 60 minutes), but they last much longer (6 to 8 hours). Edibles are available in several options. The XXX staff will discuss the proper dose to achieve desired effects.

CONCENTRATED OILS

Like waxes or concentrates, these oils are very strong for novice patients. Concentrated oils are usually available in an oral syringe. Patients use a small amount of oil, either swallowed or inhaled, to achieve a high dose of pure cannabis oil.

PILLS

For patients not interested in fiddling with anything, pills or capsules filled with doses of cannabis oil are available. Pills are for experienced cannabis users who know their oral dosage requirements. By using pills, there is a delay in the effect (like an edible), but it is much longer lasting.

SUBLINGUAL FILMS

Ever seen the little breath strips that dissolve in your mouth? These do more than freshen your breath. Each strip delivers a measured dose of THC. Effects are quick, within 15 minutes, and add a level of discretion.